

RHEDWYR ERYRI HARRIERS PENCAMPWRIAETH RHEDEG LON/ROAD RUNNING CHAMPIONSHIPS 2019



RACE VENUE

NICK BEER 10KM

RHYL 10 MILES

RHOSTRYFAN 10K

SNOWDONIA H/M

LLANRUG 5K

DEINIOLEN 10K

LLANFAIRPWLL 5K

HWYL Y BONT 10K

CAERNARFON 10K

SNOWDON MARATHON

ABERGELE 5M

CONWY HALF MARATHON

NAME - DATE	10th Feb	23rd Feb	8th May	19th May	5th June	12th June	10th July	16th July	7th Aug	26th Oct	3rd Nov	17th Nov
Gwyn Owen	25	0	0	0	0	0	0					
Gavin Roberts	22	0	0	0	0	0	0					
Ian Edwards	20	0	25	0	25	25	25					
Arthur Connell	19	0	17	0	0	0	0					
Matt Fortes	18	0	0	0	0	0	0					
Nic Brook	17	25	0	0	0	20	0					
Catherine Connell	25	0	25	0	0	0	0					
Brian Wills	15	0	0	0	0	0	0					
Craig Jones	14	0	0	0	0	0	0					
Andrea Rowlands	22	0	0	0	0	0	0					
Anthony Davies	12	22	0	0	6	0	0					
Dylan Huws	11	0	0	0	0	0	0					
Gary Young	10	20	0	0	0	0	0					
Megan Hughes	20	0	0	0	0	0	0					
Becki Law	19	0	0	0	0	0	0					
Guto Rhys	7	0	16	0	0	0	0					
Cara Williams	18	0	0	0	0	0	0					
Chris Hoult	5	0	0	0	0	8	0					
Helen Blair	17	0	0	0	0	0	0					
Eurwyn Edwards	3	0	0	0	10	11	13					
Malcolm Jones	2	0	0	0	0	0	0					
Emily Wood	16	0	0	0	0	0	0					

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NAME

10th Feb

23rd Feb

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16th July

7th Aug

26th Oct

3rd Nov

17th Nov

Hayley Turner	16	0	0	0	0	0	0					
Alex Fletcher	15	0	0	0	0	0	0					
Maggie Oliver	14	0	0	0	0	0	0					
Katie Wilby	13	0	0	0	0	0	0					
Viv Edwards	12	0	0	0	0	0	0					
Roy Jardine	1	17	0	0	0	0	0					
Manon Wilkinson	0	25	0	25	0	0	0					
Jessica Mullan	0	22	0	0	0	17	0					
Eliw Haf	0	0	22	0	25	25	0					
Jennifer Charlton	0	0	20	0	20	22	0					
Arwel Lewis	0	0	18	25	16	16	16					
Fiona Hares	0	0	0	22	0	0	0					
Eifion Williams	0	0	0	0	22	0	0					
Jonathan Williams	0	0	0	0	20	18	0					
Matt Leonard	0	0	0	0	18	0	0					
Gwyn Arfon Williams	0	0	0	0	17	0	0					
Guto Edwards	0	0	0	0	16	0	0					
Joe Charlton	0	0	0	0	15	0	0					
Helen Morgan	0	0	0	0	22	18	0					
Marian Crowe	0	0	0	0	19	0	0					
Harri Roberts	0	0	0	0	9	0	0					
Kate Potter	0	0	0	0	18	0	22					

Kelly O'Donnell	0	0	0	0	17	0	0					
Viv Edwards	0	0	0	0	16	14	0					
Dyfed Whiteside-Tomas	0	0	0	0	0	22	25					
Iwan Edgar	0	0	0	0	0	15	0					
Tammy Lewis-Jones	0	0	0	0	0	20	0					
Lleuca Lane	0	0	0	0	0	19	0					
Gwyn Moseley	0	0	0	0	0	7	0					
Charlotte Williams	0	0	0	0	0	16	0					
Maggie Oliver	0	0	0	0	0	15	0					
John Davies	0	0	0	0	0	0	20					
Paul Wathan	0	0	0	0	0	0	19					
Michael Coyne	0	0	0	0	0	0	18					
Ali Chant	0	0	0	0	0	0	17					
Gemma Wathan	0	0	0	0	0	0	25					
Russell Williams	0	0	0	0	0	0	14					
James Harwood	0	0	0	0	0	0	12					
Brian Robbins	0	0	0	0	0	0	10					
Haxel Robbins	0	0	0	0	0	0	20					
<b>10 RACES BEST RESULTS FROM 6 TO COUNT. MINIMUM OF 6 RACES TO COUNT</b>												

OVERALL TOTAL	TOTAL - BEST of 6 from 12
120	
62	
50	
40	
37	

OVERALL TOTAL	TOTAL - BEST of 6 from 12
50	
39	
72	
62	
91	
40	

